

myLAB Box Test Kits



Overview

My Lab Box offers a variety of at-home test kits designed to monitor various health markers conveniently from the comfort of your own home. These kits provide valuable insights into key aspects of your health, such as hormone levels, organ function, food sensitivities, and cardiovascular risk factors. Results are typically available within a few days after sending your sample to a certified laboratory, empowering you to take control of your health with personalized data.

Shipping & Fulfillment

- **Processing Time:** Please allow up to 3 additional business days for fulfillment and tracking details.
- **Expedited Delivery:** Currently unavailable.
- **Shipping Restrictions:** Test kits are unavailable for international distribution and cannot be shipped to New York state.

Disclaimers

- My Lab Box provides laboratory services for wellness monitoring. These tests are not intended to diagnose any disease and are for educational purposes only.
- All results will be shared with a licensed physician or designate who will notify you of any infections or abnormal results. Further health care instructions, ongoing care, and prescriptions must be provided by your own healthcare provider.
- My Lab Box test kits are regulated under the Clinical Laboratory Improvement Act (CLIA) of 1988 by clinical laboratory affiliates qualified to perform high-complexity clinical testing. Tests follow the guidelines of the College of American Pathologists (CAP) but are not FDA-cleared or approved.

Scan to View Test Kits:



Available Test Kits

1. **Hormone Panel Test Kit:** This kit helps monitor vital hormone levels including Progesterone, DHEA, Cortisol, TSH, hsCRP, and Vitamin D. Regular monitoring can provide early detection of abnormalities and enable you to make necessary lifestyle changes to improve overall health.
2. **Thyroid Health Test Kit:** Assesses thyroid function by detecting hormone imbalances that affect energy, weight, skin, and hair health. Ideal for identifying undiagnosed thyroid conditions, particularly in women who are more prone to thyroid issues.
3. **Liver Function Test Kit:** Provides insights into key liver health markers such as ALT, AST, and bilirubin levels. This test is useful for regular monitoring of liver function due to lifestyle, health risks, or as advised by your healthcare provider.
4. **Kidney Function Test Kit:** Evaluates key kidney health markers like creatinine and blood urea nitrogen (BUN) to help monitor kidney function. It's ideal for individuals needing regular tracking of their kidney health.
5. **Men's Hormone Test Kit:** This kit measures Testosterone, DHEA, Cortisol, TSH, hsCRP, and Vitamin D levels. Tracking these levels can help men optimize their health by identifying hormone imbalances.
6. **Food Sensitivity Test Kit:** Identifies sensitivities to 96 common foods through elevated antibody levels. This test helps you understand which foods may be causing digestive discomfort and enables you to make informed dietary adjustments.
7. **Cholesterol & Lipids Test Kit:** This test helps evaluate cardiometabolic risk factors such as cholesterol, triglycerides, and overall cardiovascular health. Identifying these markers early can help prevent cardiovascular disease with better management strategies.
8. **Essential Vitamins Test Kit:** Monitors Vitamin D, Vitamin B12, and Folate levels—three critical nutrients for overall health. This test is perfect for anyone wanting to understand their nutrient status and correct deficiencies, particularly in Vitamin D and B12, which are common in the U.S.
9. **Adrenal Stress Test Kit:** Assesses cortisol and DHEA levels to evaluate adrenal function. This test is valuable for managing stress levels and identifying potential adrenal gland disorders that can lead to more serious health conditions.
10. **Women's Hormone & Fertility Test Kit:** Measures 11 key hormones affecting women's health and fertility. Early detection of hormone imbalances can help prevent infertility and other serious health conditions. This test requires both saliva and blood samples and includes important pre-test instructions.