

# **American Ginseng**

Whole Body Wellness & Adaptogenic Support





Premier American Ginseng capsules are a dynamic addition to support an active lifestyle. American ginseng root has a long history of traditional use a reliable energy booster and offers a calm, but focused effect on the mind and body. With adaptogenic properties, this herb will bolster the body's immune defenses and may sharpen mental clarity.

Supplementing with Premier American Ginseng may lead to increased energy without the restlessness of caffeine, accompanied by a natural boost to your immune system. Moreover, it supports mental clarity and sexual health while sustaining stamina throughout the day.

Premier American Ginseng capsules deliver 900 milligrams of sustainably sourced American ginseng in each dose. Recommended by healthcare professionals for their superior quality and reliability, Premier American Ginseng capsules are backed by clinical evidence and expert recommendations.

### **Benefits**

- American Ginseng, scientifically known as Panax quinquefolius, is an herbal adaptogen with a long history of traditional use as a calming, immune-modulating energy tonic.\*
- Supports sexual health while sustaining stamina throughout the day.\*
- Safeguards mental clarity and delivers increased energy without overstimulating the mind or the body.\*

## Highlights

- Delivers 900 milligrams of American ginseng root per dose in vegan-frinedly capsule.
- Manufactured using only the highest quality ingredients, rigorously tested before release.
- Ecologically cultivated to ensure sustainability and environmental responsibility for people and planet.

#### **Recommended Use**

- Take two capsules orally with water, preferably between meals or as directed by a healthcare professional. For those sensitive to ginseng's energizing effects, take the recommended dose before 2 pm.
- Not recommended for pregnant or lactating women.
- People with certain medical conditions, like hormone-sensitive problems, chronic mental illness, or trouble sleeping, should be careful when using American ginseng root. It's natural bio-active compounds called ginsenosides, can act like estrogen in the body and might be overstimulating.
- Use caution if you have underlying medical conditions or are taking medications, especially anticoagulants, antidepressants, or antidiabetic medications. Consult with an educated wellness provider.

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Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.